

## Head of School's Fortnightly Update 28 January 2022

### EXTRA-CURRICULAR ACTIVITIES

[Music Extra Curricular Activities](#)

[Sport Extra Curricular Activities](#)

Also see additional information at the end of this bulletin.

### STUDENT LEADERSHIP

The Sixth Form Council are busy planning for World Book Day on Thursday 3rd March and Red Nose Day on Friday 18th March, watch this space!

### LIFE and TUTOR TIME

We have introduced a new Learning To Learn Programme into tutor time. Students of all ages tell us that they struggle with focus and with strategies for learning, particularly when they are preparing for tests and exams. The LTOL Programme will equip students with tips, tricks and solutions to this age-old problem. This week we learned about what Victor Hugo did to avoid procrastination and the Pomodoro Technique. Why not help to embed this learning by asking your child to explain the technique to you. Or, what's the Italian for 'tomato'?

### YEAR 11 PRE-PUBLIC EXAMS

Our next series of pre-public exams (Mock exams) start next week for all Year 11 students. Students have been given copies of the timetable which can be accessed [here](#). The results of the mock exams will be shared with parents in the PRP2 data point during the week beginning 7/3/22.

### YEAR 9 OPTIONS PROCESS

We had an excellent turnout for our online Year 9 Options evening this week. The options process will last for the next three weeks. In this time, students will be making decisions about which GCSE courses they will study. To access a recording of the meeting along with individual subject-leader presentations and a detailed course guide, please follow the link [here](#).

### TRAINING DAY REMINDER

Just a reminder that Monday 7th February 2022 is a staff training day and no students will be expected in school.

### BREAKFAST CLUB

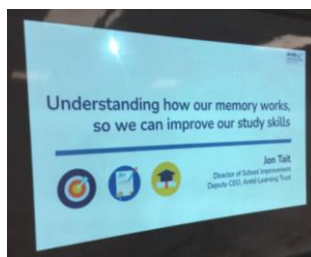
Don't forget that students can start the day with a bowl of cereal or some toast and a cup of orange squash - served in Arbor Dining Hall from 8.00am to 8.20am. This is free of charge. There is no need to book, students can just turn up in the morning.

### SIXTH FORM

Applications for Sixth Form can be done via the online form on the website.

Interviews for applicants will take place next half term. This week during sixth form enrichment, we were joined by Jon Tait, Deputy CEO of the Arete Learning Trust who led a study skills workshop; Northumbria University that

led on a stress management workshop and our very own Mrs Redpath who led talks on developing personal resilience. This was a fantastic opportunity for our students to consider



and develop these key skills. We are hugely proud of our enrichment programme that consistently seeks to develop and equip our students with important life skills. A huge thank you to Jon Tait and our guest from Northumbria University for leading these talks.



### DUKE OF EDINBURGH AWARD

Please can I encourage all Year 10 Bronze Award and Year 12 Silver Award students to keep making as much

progress as possible, including logging evidence on eDofE. If any students need support, please contact Mr Bunn. Thank you.

## COVID

As per government guidelines, facecoverings are no longer required to be worn in school, unless a student would like to.

We would ask that all students continue to carry out a Lateral Flow Test at home on a Wednesday night and a Sunday night and inform the school of any positive results.

We appreciate your support and co-operation with this.

## ACCELERATED READER

All Year 7 and 8 students will have been re-taking their AR STAR tests this week. This enables us to measure the progress students have made in their reading since September. It also gives us an updated ZPD score so that we can ensure all students are reading books of the appropriate difficulty level. Please help us to promote reading for pleasure by ensuring students are always bringing their reading books to school.

## ONLINE SAFETY

[Here](#) is the link to this month's edition of the Online safety newsletter.

## The things I wish my parents had known...about online sexual harassment (Children's Commissioner)

The Children's Commissioner, Dame Rachel de Souza DBE, has recently published a guidance document for parents helping to support them to understand online sexual harassment. It is a sensitive topic, and not one all parents feel comfortable discussing with their children. The commissioner's team brought together a group of 16 - 21 year olds and asked them to talk about what they think parents should know, and what they should say to their children when talking about sexualised bullying and the pressures of growing up online.

Key advice from the young adults in the focus groups included:

- Start conversations early, before your child gets a phone or social media account. Keep the conversation going over time, adapting to your child.

- Young people want their parents to learn about new technology and trends, including risky behaviours and dangerous spaces online.
- Create a safe and trusting home environment. Young people told us the home environment is key, they want to share things with their parents but don't always feel able.

The report and poster 'The things I wish my parents had known...' can be downloaded [here](#)



## 2022 Events

POSCH welcomes parents, carers and grandparents of children with any additional needs with or without diagnosis. We believe in collective empowerment and partnerships to support, improve and inspire better outcomes for children and their families.

All our groups and events are listed on our Facebook page and website.

### January:

**Monday 10th** – 10am to 12pm - The Station, Richmond, DL10 4DL

**Thursday 13th** - 10am to 12pm - Mencap Centre, Goosecroft Lane, Northallerton, DL6 1EG

**Friday 21st** - 10am to 12pm - Community Works, 14a Marketplace, Thirsk, YO7 1LB

**Wednesday 26th** - 10am to 12pm - Bedale Hall, North End, Bedale, DL8 1AA

**Monday 31st** - 10am to 12pm - The Station, Richmond, DL10 4DL

### February:

**Wednesday 9th** - 10am to 12pm - Bedale Hall, North End, Bedale, DL8 1AA

**Friday 11th** - 10am to 12pm - Community Works, 14a Marketplace, Thirsk, YO7 1LB

**Thursday 17th** - 10am to 12pm - Mencap Centre, Goosecroft Lane, Northallerton, DL6 1EG

### March:

**Friday 4th** - 10am to 12pm - Community Works, 14a

Marketplace, Thirsk, YO7 1LB

**Thursday 17th** - 10am to 12pm - Mencap Centre, Goosecroft Lane, Northallerton, DL6 1EG

**Monday 21st** - 10am to 12pm - The Station, Richmond, DL10 4DL

**Wednesday 30th** - 10am to 12pm - Bedale Hall, North End, Bedale, DL8 1AA

**Contact details:**

**Phone:** 07562239064

**Email:** [POSCHINFO@GMAIL.COM](mailto:POSCHINFO@GMAIL.COM)

**Website:** [www.posch.org.uk/](http://www.posch.org.uk/)



## CROSS COUNTRY SUCCESS

A massive congratulations to the students who, on Saturday 15th January, represented the Hambleton and Richmondshire Area Cross Country team at Catterick. The students qualified for this event after successfully finishing in top 12 of the Hambleton and Richmondshire trials, which were held in the middle of December. All

the students did superbly well, but a special mention must go to Max in Year 7 who managed to finish 2nd. This is a great achievement, as this puts Max as the second fastest cross country runner in the County at U12 level.

This event concludes the school's cross country calendar for this academic year and I would like to thank all the students who have taken part this year for their great effort and commitment.

Well done all and I look forward to the athletics season. Mr Myers

## YEAR 10 FOOTBALL

Congratulations to our Year 10 boys football team who had a tremendous victory over Fulford School in the County Cup on Tuesday afternoon. A very strong Fulford team caused us some early problems, but a fantastic defensive display meant we were able to soak up this pressure, before growing into the game as the first half went on. Our solid defence and some clinical attacking play meant we were able to take a 2-0 lead into the half time break. Both goals were superbly finished by Lennon after great link up play from Riley and Aidan. The second half saw a similar pattern to the first, with Fulford putting us under plenty of pressure. However, just when it looked like we had weathered this storm, we needlessly gave away a penalty, which was duly converted to bring Fulford right back into the game with 20 minutes to go. Northallerton re-grouped though and with 10 minutes to go, Lennon completed his hat trick with another well taken finish after being put through by Will after a driving run. Northallerton then controlled the final 10 minutes, with Fulford not getting a shot at our goal. A great performance and a special mention to Joe and Alfie who were immense at the back and Will who had another great performance in the middle of midfield!!

Well done boys and into the quarter finals we go.

Mr Myers

## U13 GIRLS FOOTBALL

On Thursday, our U13 girls' football team produced an excellent performance, but were heartbreakingly knocked out of the County Cup on penalties by a very good St John Fisher's school. Despite leading twice through goals from Megan, we were not able to hold on and conceded our second equaliser with 5 minutes of normal time remaining. Extra time saw no goals and so to penalties we went. All the girls stood up and took their penalties really well and Georgia in goal got a hand

to nearly all their penalties, but sadly it wasn't to be and St John Fisher progress through to the semi-finals.

## INSTRUMENTAL MUSIC

Year 7 and Year 8 were treated to a fantastic demonstration of the brass family this week. From the big and low Euphonium, past the trombone with its slide, all the way up to the piccolo trumpet, Mr Novell and Mr Watkins from the County Music Service were exceptionally entertaining and inspiring.

Following this morning's demonstration, if you would like your child to learn how to play a brass instrument (or any instrument), to find out more, please see our 'registration pack' via our [Music Portal](#). And to register your child for lessons, please complete this [form](#).

We are also running taster lessons in brass instruments at the moment, please email me directly if you would like your child to participate, [emaughan@arete.uk](mailto:emaughan@arete.uk).

There will be more musical opportunities in the future, watch this space!

Mr Maughan

Music



## Cycling for All

**Dates: Mondays**  
09.05.22 06.06.22  
16.05.22 13.06.22  
23.05.22 20.06.22

**Time:** 4.30pm – 5.30pm

**Venue:** Northallerton School  
Brompton Road, Northallerton  
North Yorkshire DL6 1ED  
Tel: 01748 850111 ext 8165

**Audience:** differentiated group  
lessons for all abilities

**Standard price:**  
£29 / pupil

**To book please visit**  
[www.yesatarelearningtrust.net/](http://www.yesatarelearningtrust.net/)  
Training-Events or email  
[yes@aretelearningtrust.net](mailto:yes@aretelearningtrust.net)

**Places won't be secured until  
payment and completed  
consent forms have been  
received.**

In conjunction with the Big Lottery Fund and Stage 1 Cycles Hawes, YES @ Areté Learning Trust are hosting a six session cycling training event for **all abilities**.

These sessions will be fun, game led and skilled based, and will be tailored to meet individual needs.

Places are limited so early booking is recommended.

**Closing date: 29th April 2022**

For further information contact  
Steffy Cappleman ([yes@aretelearningtrust.org](mailto:yes@aretelearningtrust.org)) or  
Helen Pollard ([ride@stage1cycles.co.uk](mailto:ride@stage1cycles.co.uk))

**Training led by: Stage 1 Cycles**

Stage 1 Cycles is the leading provider of cycling activities in Wensleydale, North Yorkshire. As a registered provider you can be confident in the safety and quality of their activities. All sessions are led by an appropriately qualified cycling instructors who are subject to disclosure and barring checks. Stage 1 Cycles is an Adventurous Activity Licensed Company.



MOUNTAIN

**STAGE 1 CYCLES**

& ROAD

**Cancellations/Refunds**  
Cancellations of training events are subject to a 25% administration fee where the cancellation is made 3 weeks or more before the date of the event. No refund is payable for a cancellation made within 2 weeks prior to the training course – in this event the full sum shown on the invoice remains payable.

### EXTRA CURRICULAR ACTIVITIES -SPRING TERM 2022

Please find below a list of our extra- curricular activities. If any student is interested in any of the sessions, please speak to the member of staff running the class.

Title	Staff	Day	Time	Room	Year Group(s)
Art Club	Mrs Riley (nee Allsop)	Friday	3.15pm - 4.15pm	A003	All
Art Club (opportunity to complete classwork etc.)	Mrs Riley (nee Allsop)	Monday – Friday	Lunchtimes	A003	All
Art Ambassadors (To champion the arts and lead on projects and new initiatives)	Mrs Riley (nee Allsop)	Monday – Friday	Lunchtimes	A003	Invited students only
Art Academy	Mrs Riley/Cheryl Pocknell (NYCC)	Monthly	3.30pm – 5.00pm	A003	Invited students only
Art Champions	Mrs Riley/Cheryl Pocknell (NYCC)	Monthly	3.30pm – 5.00pm	A003	Invited students only
Homework Club (for students requiring access to laptops or anyone wanting a quiet dedicated hour to complete work).	Teaching Assistants	Mondays & Wednesdays	3.15pm – 4.15pm	LRC	All

Warhammer	Mrs Riley/Mr Tucker	Thursday (week 2)	3.15pm – 4.15pm	A003	All
Northallerton Horse Riding Team (held at Northallerton Equestrian Centre)	Mr Bell (parent) – linked to school by Mrs Riley (nee Allsop)	Mainly weekends but dates and times vary according to training and events		N/A	All
CAD/CAM Club	Mr Taylor	Wednesday	3.15pm – 4.15pm	DT	All
School Production	Mr Stimson	Monday	3.30pm – 5.00pm	Main Hall	All
Show Choir	Mr Maughan	Tuesday	3.30pm – 5.00pm	A001	All
Music Extra-curricular activities	See separate timetable				
PE Extra-curricular activities	See separate timetable				